

Sunday 19th April 2026

Bangor to Goomsport

Date / Meet	<p>Meet Bangor train Station 1.30pm For those travelling by train, the train from Belfast arrives 1.18pm</p> <p>For those arriving by car you can park opposite the train station, or at the car park behind the City Hall, as the walk will come through here at the end.</p>
Walk	<p>From the station we walk down to the coast to pick up the coastal path, where we finished off in February. Walking past the RNLI station past the pier to Ballyholme beach. From here we keep to the coast path to Goomsport. We will have a rest here for a very welcome cuppa or even an ice cream.</p> <p>We then retrace our footsteps as far as Ballyholme yacht club, to Shanndon and College Avenue, making our way through Ward park and Castle park. Possibly taking in the walled garden, time permitting before returning to the train station/cars.</p> <p>This is a relatively flat walk of about 12 kilometres, parts of the coastal path may be muddy, so appropriate foot wear is essential.</p> <p>Distance is 7.6 miles/12.3 km</p> <p>Walk will take about 2.5 hrs.</p> <p>Trains from Bangor on a Sunday are hourly (41 mins past the hour). But conveniently the Ava bar is beside the train station, where refuge can be taken if required.</p>
Leader	<p>Let Alison Wise know if you plan to attend, by 5pm on Saturday 18 April, either by text/ WhatsApp on 07***** or email *****</p>