

Ascent (metres)	Distance (miles)	Terrain (mostly)	Grade
0 – 250	Up to 12	Paths/ tracks	D
0 – 250	13 – 15	Paths/ tracks	D+
0 – 250	16 – 19	Paths/ tracks	C
250 – 550	Up to 12	Paths/ tracks	C
250 – 550	13 – 19	Paths/ tracks	C+
0 – 550	20 +	Paths/ tracks	B
0 – 550	Up to 12	Off-track	C+
550 – 950	Up to 12	Off-track	B
550 – 950	Up to 12	Difficult	B+
550 – 950	13 – 19	Any	B+
550 – 950	20 +	Any	A+
950 – 1200	Up to 9	Off-track	A
950 – 1200	10 – 15	Off-track	A+
950 – 1200	Up to 15	Difficult	A+
Over 950	16+	Any	A++
Over 1200	Any	Any	A++