

SUNDAY AFTERNOON WALKS PROGRAMME

Autumn Series OCTOBER 2021

This Autumn Series of Sunday afternoon walks is an enhancement to the Club's usual programme of week-end and summer evening walks. All the scheduled walks are relatively straightforward and within the capabilities of most members so do try to give them a go. Each walk is about six miles long and will take between two and three hours. The start time varies depending on the walk. Please let the leader know if you plan to attend so that they can keep you informed of any changes to the walk or meeting point.

Sunday 10 October 2021 at 2.00pm.

A very pleasant walk along the Lagan tow path with an opportunity to stop for refreshments on our way to Shaw's Bridge and Terrace Hill House to take in the stunning views over Belfast. Return via Minnowburn Nature Reserve and back along the Lagan to Stranmillis.

Duration – 6 miles (approx. 2.5 hours)

Meet in the car park at Stranmillis

LEADER:- Brett Irwin (*07** ***)

Sunday 17 October 2021 at 2.00pm.

A leisurely walk around the paths and trails of Woodburn forest park and reservoir.

Duration – 6 miles (approx. 2.5 hours)

Meet in Woodburn Forest car park

LEADER:- Alison Halliday (*07** ***)

Sunday 24 October 2021 at 12.00pm.

A gentle walk along the Mill Race trail and along the shores of Lough Neagh with the opportunity for refreshments at Antrim Castle and Gardens afterwards.

Meet at the corner of Church St and High St.

Duration – 7.5 miles (approx. 3 hours)

LEADER:- Helen Magill (*07** ***)

Sunday 31 October 2021 at 2.00pm.

A scenic stroll along the banks of the Quoile taking in Inch Abbey and some minor roads in the area of Portulla Wood. Mainly good under foot but some stretches are muddy so boots are recommended.

Meet in the car park at Quoile Countryside Centre, Quay Road, off Strangford Road, Downpatrick

Duration – 6 miles (approx. 2.5 hours)

LEADER:- Denis Hamill (*07** ***)

Good walks, Good company and Good fun. What more could you ask for? Maybe refreshments at a suitable spot afterwards!

Dress for the weather but some walks may be muddy in parts and boots may be required. If you require any further detail about the walk please contact the leader.

COVID 19

As with all club walks, these walks will follow the Covid 19 guidance and this may change between now and October so please check the Government guidance nearer the time. The current guidelines are noted below.

COVID 19

Future club walks will follow the Covid 19 guidance which can be found on the Ulster Federation of Ramblers website and which we all become familiar with recently. These

precautions include:

- social distancing before and during walks
- using hand sanitiser when going over stiles or through gates
- avoid touching other walkers' poles, maps etc.
- compliance with Government guidance on car sharing.