

CASTLEWELLAN FOREST PARK

DATE/ MEET	<p><u>Sunday 28 Jan 2024</u> <u>10.30 am sharp</u></p> <p>Meet in the MAIN STREET UPPER CAR PARK in Castlewellan (beside the Library and Toilets).</p>
WALK	<p>Walk is on forest trails and stony tracks, and usually good underfoot. Boots are recommended for ankle support, but good walking shoes should suffice.</p> <p>The route will take in (not necessarily in the following order) :- the Maze, Moorish Tower, Cyprus Pond, Slievenaslát (270 metres), the Annesley Gardens and, of course, Castlewellan Castle and Lake.</p> <p>Overall distance is approx. 16km/10miles and includes a short, steep 270 metre but well-worth-the-effort, climb up to the panoramic viewpoint on Slievenaslát. It should take around 4 hours (with some scope to shorten the walk for those so minded).</p> <p>This is a C Grade walk, but given the distance and the exposed sections on the edge of the forest, it should not be underestimated. <u>Bring refreshments of choice and, as always, have regard to the weather forecast and dress accordingly.</u></p> <p><u>Please text the leader by 8pm on Saturday 27th, if you intend to come on the walk.</u></p>
LEADER	<p>Denis Hamill Mob. 07*****</p>

CIVIL SERVICE RAMBLERS - *SAFETY CHECKLIST*

EACH WALKER IS RESPONSIBLE FOR :

- THEIR OWN SAFETY AND TAKING STOCK OF THEIR EQUIPMENT
- CHOOSING WALKS APPROPRIATE TO THEIR FITNESS LEVEL
- OBSERVING THE COUNTRY CODE, CLOSING GATES, TAKING LITTER HOME, ETC
- FAMILIARISING THEMSELVES WITH THE DISCLAIMER FORM SIGNED WHEN JOINING THE CLUB (A COPY OF THIS CAN BE FOUND ON THE CLUB WEB-SITE)