

CASTLEWELLAN FOREST PARK

DATE/ MEET	<p style="text-align: center;"><u>Sunday 25 July 2021</u> <u>10.30 am sharp</u></p> <p>Meet in the MAIN STREET UPPER CAR PARK in Castlewellan (beside the Library and Toilets).</p>
WALK	<p>Walk is on forest trails and stony tracks, and mainly good underfoot, especially after the recent dry weather. Boots are recommended for ankle support, but good walking shoes should suffice.</p> <p>The route will take in the Maze, Moorish Tower, Cyprus Pond, Slievenaslat (270 metres), the Annesley Gardens and, of course, Castlewellan Castle and Lake.</p> <p>Overall distance is approx. 16km/10miles and includes a short, steep 270 metre well-worth-the-effort climb up to the panoramic viewpoint on Slievenaslat. It should take around 4 hours (with some scope to shorten the walk for those so minded).</p> <p>This is a C Grade walk, but, on a hot day, given the distance and the exposed sections on the edge of the forest, it should not be underestimated. <u>Bring plenty of water along with refreshments of choice. As always, have regard to the weather forecast and dress accordingly.</u></p> <p><u>Please text the leader by 8pm on Saturday 24th, if you intend to come on the walk.</u></p>
LEADER	<p>Denis Hamill Mob. 07*****</p>

CIVIL SERVICE RAMBLERS - SAFETY CHECKLIST

EACH WALKER IS RESPONSIBLE FOR :

- THEIR OWN SAFETY AND TAKING STOCK OF THEIR EQUIPMENT
- CHOOSING WALKS APPROPRIATE TO THEIR FITNESS LEVEL
- OBSERVING THE COUNTRY CODE, CLOSING GATES, TAKING LITTER HOME, ETC
- FAMILIARISING THEMSELVES WITH THE DISCLAIMER FORM SIGNED WHEN JOINING THE CLUB (A COPY OF THIS CAN BE FOUND ON THE CLUB WEB-SITE)

COVID 19

Club walks follow Covid 19 guidance, which can be found on the Ulster Federation of Ramblers website and which all of us have become familiar with recently. These precautions include:

- social distancing before and during walks
- using hand sanitiser when going over stiles or through gates
- avoid touching other walkers' poles, maps etc.
- compliance with Government guidance on car sharing